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Botox® Post Treatment Instructions

Please observe the following after treatment

Immediately after treatment, a common side effect is temporary redness and swelling at the injection site. These effects resolve within one or two days for Botox®. Some bruising may occur at the injection site. Cold compresses may be applied immediately after treatment. If other reactions occur, please call Dr. Grossman (office 216-662-1900, pager 216-790-1903).

Avoid touching the area within six hours following treatment. After that, it may be washed gently with soap and water. You can actively contract the muscles treated with Botox. It may take 3-5 days or a week before the muscles treated with Botox become paralyzed.

Until the redness and swelling resolves, avoid exposure of the areas to intense heat (such as sunbathing or sunlamp).

Avoid alcohol and exercise for twenty-four hours post treatment.

If you have previously suffered facial cold sores, there is a risk that the needle punctures could contribute to another recurrence. Speak to your physician about medications that may minimize a recurrence.

Evidence shows that follow-up treatment before the product has fully dissipated will enhance the lasting effect. Please contact Dr. Grossman about recommended touch-up and follow-up treatment.

One week prior to your next treatment with Botox ®, avoid taking aspirin, non-steroidal anti-inflammatory medications such as Aleve, Motrin or Advil, St. John's Wort, and high doses of vitamin E supplements. These agents may increase bruising and bleeding at the injection site.

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